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## **25. Low 'Self' Esteem**

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## **36. Experiencing Life at its Peak**

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## **60. Personal Life Energy**

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## **62. Universal Life Energy**

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## **77. Mastering Life**

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## **84. Passionate Vision**

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## **88. Tending Your Garden**

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## **89. Life's Larger Garden**

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## **93. The Light of Intelligence**

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## **97. Reclaiming a Forgotten Inheritance**

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### **Ar-Rashid**

from The Sufi Book of Life: 99 Pathways of the Heart for the Modern Dervish (Penguin Putnam)  
[www.sufibookoflife.com](http://www.sufibookoflife.com)

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## **99. Perseverance**

### **As-Sabur**

from The Sufi Book of Life: 99 Pathways of the Heart for the Modern Dervish (Penguin Putnam)  
[www.sufibookoflife.com](http://www.sufibookoflife.com)

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